"Prevail with Perennials"

Douglas Spencer, VCE, Master Gardener, VBMG Speakers' Bureau Coordinator, 757.430.6200 dougspencer@cox.net

Perennials live for many years so starting them off right.

Site Selection & Soil Preparation

- Allow for changes in sunlight based on the seasonal arc of the sun for sun/shade requirements
- Mix organic matter such as bark or compost ahead of time and use a variety since they decompose at different rates
- Plant using the 1x3 guide, dig hole 1 times the depth of pot and 3 times the width, unless soil is already loose
- "Plant them high never die"
- Soak pot before planting
- Adding mulch around the plant hold in moisture, keeps the soil cooler, and slowly breaks down releasing nitrogen

Planning your Flower Bed

- Separate by height, color, bloom time, and style
- Space according to max size
- Spring bloomers are primarily the shortest and are placed in the front
- Most of the middle sized plants are summer bloomers
- Fall bloomers are usually the tallest making them the best for backdrops or accent plan
- Tag your perennials for reference and so you don't trample them in early spring
- Save the plant tags
- Deadheading encourages future flowers

Top 22 Varieties for Tidewater

Longest Blooming Easiest to care for Most Colorful Best for Beginners Stonecrop Davlilies - Peony Four O'Clocks Mexican Petunia Sedum Columbine Daisy's Ice Plant Black-eved Susan Lantana Hosta Coreopsis Coneflower Lirope Gaura Salvia Bleeding Hearts Phlox Verbena Russian sage Obedient Plant Autumn sage

Perennial Quick Picks

Attract Butterflies

- Hyssop
- Aster, all
- Black eyed Susan
- Butterfly weed
- Cardinal Flower
- Coneflower
- Coreopsis
- Joe Pye Weed
- Mist Flower
- Valerian, red

Drought Tolerant

- Aster, Japanese
- Bloody Cransbill
- Blue Mist
- Blue Star
- Butterfly Weed
- Coreopsis
- Ice Plant
- Sea Holly
- Sage, autumn

Fall Bloomers

- Aster, all
- Black Eyed Susan
- Boltonia
- Chrysanthemum
- Clematis, some
- Ginger lily
- Goldenrod
- Mist Flower
- Obedient plant
- Sage, autumn
- Sage, Russian
- Sneezeweed

Wet Sites

- Bee Balm
- Bog, Sage
- Cardinal Flower
- Golden-ray
- Hibiscus
- Iris, blue flag
- Jack in the pulpit
- Obedient plant
- Seashore mallow
- Turtlehead
- Valerian, common